

COOKERY & SPORTS

17:00 daily

LANGUAGE
Multilingual
(English, German, French)

CHF 600.- for 5 days

AGE
4-10 year olds

Tandem IMS
Seefeldstrasse 111
CH-8008 Zürich

extra CHF 20.– for city transport pass (if needed)

MORE INFOS: 043 500 10 39 eca@tandem-ims.ch tandem-ims.ch





COOKERY & SPORTS

TIMES

MONDAY 10th FEBRUARY TUESDAY
11th FEBRUARY

WEDNESDAY 12[™] FEBRUARY THURSDAY 13™ FEBRUARY FRIDAY
14TH FEBRUARY

08:00 -08:30 Drop off/Free play/Crafts (includes slime and bouncy ball making)

09:30 **-**12:30

Asian Cookery Morning

-Prepare colourful sushi and rice wraps and have fun using chop sticks to eat them.

-Cook egg fried rice and learn about the chemical composition of an egg, how to crack it and separate the yolk without making a mess!



-Exploring our 5 primary taste sensations by trying a variety of foods and drinks blindfolded.

-Children make burritos with their own choice of fillings including guacamole!

-We will open a piñata filled with surprises!

Flip Lab

-We will spend the morning at Zürich's latest Trampoling, parcour and action park.

-The indoor park has something for everyone including:

- -Ninja parcour
- -Beginners zone
- -Action zone
- -Volley jump
- -Basket ball trampolining area

Swiss Cookery Morning

-Baking Swiss biscuits (like Spitzbuebe or Chräbeli). Imagining that they will be sold in a supermarket. Emphasis will be put on designing and creating an eye catching product label with functional packaging.

-Children will
make traditional
Hörnli pasta with
sauce for their

Food Science Experiments

-Make
homemade
butter
(investigate the
separation of fat
molecules)

-Magical colour changing unicorn noodles (changing acidity levels to create colours)

-Layers of earth pudding cup (learn about earth's 4 distinctive layers)



12:30 -13:30

13:30 -

16:00

together and free play

Eat lunch

Ice skating at the Dolder ice rink



Eat lunch together and free play

A flying yoga lesson at the yoga studio Sanapurna

Lunch at Flip Lab

Visit to
Mühlerama bread
factory to grind
flour and make
our own bread

Eat lunch together and free play

Bouldering at Minimum climbing hall



Mini pizzas for lunch and free play

Free choice:

- -Tennis
- -Basketball
- -Rounders
- -Assault course

16:00 - Pick up / 17:00

Pick up / Free play / Crafts