

PLAYBALL

16:00 - 17:00

AGE
4 - 6 years
Kindergarten 1 & 2

MORE INFO:

043 500 10 39

eca@tandem-ims.ch
tandem-ims.ch

Bilingual

(English, German)

Tandem IMS
Seefeldstrasse 111
8008 Zürich

CHF 35 per lesson

CONDITIONS

Club must be booked for the entire course semester.
Minimum of 5 children to start club.





Club Description

Specifically designed for children aged 4–6 years, this program actively fosters a healthy lifestyle and a love for fitness from an early age.

The Playball curriculum develops foundational skills through engaging play and structured games, creating a solid base for sports such as hockey, baseball, basketball, tennis, and volleyball.

This comprehensive course enhances coordination, agility, speed, confidence, and overall fitness while maintaining a positive, pressure-free environment that boosts self-assurance and supports individual growth. The goal is to prepare children for a lifetime of positive and confident sports participation.

Benefits of Playball:

- Develops sports skills and fitness
- Boosts coordination and agility
- Builds confidence in a fun environment
- Encourages teamwork and discipline
- Prepares kids for lifelong sports enjoyment

The class is held at the GZ sports hall. Children should wear comfortable sports attire and bring indoor sports shoes. During the warmer months, outdoor sports shoes will also be required. For more details about Playball, please visit: www.playballkids.com.

Monday 16:00-17:00

SEMESTER 1						
DATES 2025/ 2026	AUG SEP OCT NOV DEC JAN FEB	25 1 20 3 1 5	27 10 8	1719	24	
WEEKS	18 × 60 minute lessons					
COST	CHF 630 (CHF 35/60 minutes)					

SEMESTER 2						
DATES 2026	FEB 23 MAR 2 9 16 23 30 APR 13 MAY 4 11 18 JUN 1 8 15 22 29					
WEEKS	15 × 60 minute lessons					
COST	CHF 525 (CHF 35/60 minutes)					

