

2018/19 For 3 to 7 year olds

PlayBall

Monday, 16:00 - 17:00



What is PlayBall?

Designed for 3 - 7 year olds, to actively promote a healthy lifestyle and a passion for fitness from a young age.

With opportunities both indoors and outdoors, this course teaches sports skills and personal care techniques to support your child's future development. Looking at a wide range of sporting activities, team work and the importance of positive lifestyle choices.

Learning potential

- Increases self-confidence and independence
- Motivates, and increases tenacity and the desire to achieve
- Develops a mature approach to both winning and the handling of disappointments
- Provides opportunity to take part in multiple sports, and experience a wide range of sporting skills



Courses Available

Code	120	121
Dates	Aug 27 Sep 3, 17, 24, Oct 1, 22, 29 Nov 5, 12, 19, 26 Dec 3, 10, 17 Jan 7, 14, 21, 28 Feb 4	Feb 25 Mar 4, 11, 18, 25 Apr 1, 15 May 6, 13, 20, 27 Jun 3, 17, 24 Jul 1
Weeks	19 x 60 minute lessons	15 x 60 minute lessons
Cost *	30CHF per session	30CHF per session

Additional Information

* Club must be booked for the entire course duration. See terms and conditions for further details.

Minimum of 5 children to start club.

Please note that Tandem IMS Zurich has a strict **NO NUT POLICY** due to allergies. Please ensure your child brings no items containing nuts into the building.



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